



Brain based learning- understanding the fundamentals of how the brain works to support best practice in education.

Brain-based education is a “no-brainer.” It is about the engagement of learning and teaching strategies based on how our brain works. It applies research from the fields of cognitive science, neuroscience, psychology and other mind/brain sciences to the world of education. Brain-based education is about the professionalism of knowing why one strategy is used over another. Various elements and learning principles will be examined with practical ideas of how to apply these principles in the classroom. For instance, we know we need to teach memory skills and processing skills- we will look at how we can do this across all ages and key stages. Neuroscience has also highlighted that teachers should teach in small chunks, process the learning, and then rest the brain. Too much content taught in too small of a time span means the brain cannot process it, so we simply don't learn it.

These and many other nuggets of brain science will be included with various hands on applications for the classroom.

This training can be adapted and modified to suit the individual needs of the school/organisation. It could be delivered as either a one day, half day or series of twilight taster sessions but is most effective as a one day course (or over 2 half day sessions).

Consultant: Andrea Smollen

[To book or find out more – Contact Us](#)

[Click here for more consultancy and training](#)

“What a wonderful day - we now have clarity on the things that we are already doing, our vision, and a plan to get there! Everything was beautifully timed and organised with the right amount of time spent listening or interacting with each other”

Steam Mills Primary School

