



## DEVELOPING EMOTIONAL INTELLIGENCE THROUGH INTERNATIONAL MINDEDNESS

Student well-being is something we all strive to have at the centre of our work. [Paul Tyack](#) will show you how emotional intelligence can be most effectively taught and assessed within the curriculum, your teaching context and beyond. ***Our 'Developing Emotional Intelligence through International Mindedness'*** workshop will provide you with referenced evidence of how this can be achieved [through a focus on global learning](#).

By looking at practical examples and opportunities to develop emotional intelligence [through global perspectives](#), you will be able to identify opportunities to develop emotional intelligence within your school both within and outside the curriculum.

In addition, for those who want to take their studies further in this fascinating area of education, Paul will provide you with an internationally referenced theoretical understanding in emotional intelligence.

### **Course Aims**

- Explore areas of emotional intelligence - self-awareness, self-regulation, motivation, empathy and social skills.
- Relate these to own life and that of others in economically developing countries, e.g. through sustainable development goals.
- Compare and contrast with life in U.K. and necessary strength in emotional intelligences.
- Explore strategies for developing emotional intelligence, challenging norms and assumptions, and implement several of these within a global context in school.
- Opportunity to share effective strategies.

### **Learning Outcomes for Participants**

During this programme you will:

1. Receive an internationally referenced theoretical understanding in emotional intelligence.
2. Receive referenced evidence of how emotional intelligence can be most effectively taught and assessed within the curriculum/context and beyond.
3. Receive practical examples and opportunities to develop emotional intelligence in your own and others' classrooms.

4. Identify opportunities within your school (both within and outside of the curriculum) to develop emotional intelligence.
5. Develop some leadership, project management and self-evaluation techniques to support you in sustainably developing and embedding emotional intelligence in your work, and that of other colleagues' where appropriate.

### **Course Structure**

**Session 1:** What is Emotional Intelligence and why does it matter?

**Session 2:** Self-awareness and self-management

**Session 3:** Empathy and social awareness

**Session 4:** Relationship management

**Session 5:** Responsible decision making

**Session 6:** What strategies can we use to improve learners' EI through a global context?

**Consultant:** [Paul Tyack](#)

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*"A thought-provoking day with a lot of time spent clarifying our current situation and how to see a clear way forward".*

*Plymouth Secondary School*

